

*Resolved by the House of Representatives (the Senate concurring),*  
That it is the sense of the Congress that jazz is hereby designated as a rare and valuable national American treasure to which we should devote our attention, support and resources to make certain it is preserved, understood, and promulgated.

Agreed to December 4, 1987.

Dec. 12, 1987

[H. Con. Res. 97]

### SCHOOL CHILDREN—PHYSICAL EDUCATION PROGRAMS

Whereas physical education is essential to the development of growing children;

Whereas physical education helps improve the overall health of children by improving their cardiovascular endurance, muscular strength and power, and flexibility, and by enhancing weight regulation, bone development, posture, skillful moving, active lifestyle habits, and constructive use of leisure time;

Whereas physical education increases children's mental alertness, academic performance, readiness to learn, and enthusiasm for learning;

Whereas physical education helps improve the self-esteem, interpersonal relationships, responsible behavior, and independence of children;

Whereas children who participate in high quality daily physical education programs tend to be more healthy and physically fit;

Whereas physically fit adults have significantly reduced risk factors for heart attacks and strokes;

Whereas the Surgeon General, in Objectives for the Nation, recommends increasing the number of school mandated physical education programs that focus on health-related physical fitness;

Whereas the Secretary of Education in First Lessons—A Report on Elementary Education in America, recognized that elementary schools have a special mandate to provide elementary school children with the knowledge, habits, and attitudes that will equip the children for a fit and healthy life; and

Whereas a high quality daily physical education program for all children in kindergarten through grade 12 is an essential part of a comprehensive education: Now, therefore, be it

*Resolved by the House of Representatives (the Senate concurring),*  
That the Congress encourages State and local governments and local educational agencies to provide high quality daily physical education programs for all children in kindergarten through grade 12.

Agreed to December 12, 1987.

Dec. 21, 1987

[S. Con. Res. 92]

### DECLARATION OF INDEPENDENCE, UNITED STATES CONSTITUTION, AND FEDERALIST PAPERS—SECONDARY SCHOOL REQUIREMENTS

Whereas the adoption of the Declaration of Independence in 1776 and the signing of the United States Constitution in 1787 were principal events in the history of the Union;